

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# September 2021

## Activity Opportunities

<p>9:30 Independent Daily News and Chronicle Packet-AR</p>	<p>9:30 Independent Daily News and Chronicle Packet-AR</p> 	<p>9:30 Daily News and Chronicle-AR(I) 7 10:00 Therapy Dog Grappa Visits-O(E) 11:00 Drumming Circle-AR(P) 1:30 Music by Karl Hausman-O(SO) 3:00 Paint by Numbers-AR(E)</p>	<p>9:30 Daily News and Chronicle-AR(I) 8 10:15 Fitness with Mark – AR (P) 11:00Hearing Aid Service-AR(H) 1:15 Scenic Drive – meet in 1FL (SO)</p>	<p>9:30 Daily News and Chronicle-AR(I) 9 10:15 Chair Exercise- AR (P) 11:15 Adult Coloring Pages-AR(E) 1:30 Cards for St.Judes-AR(V) 2:30 Heritage Virtual Volunteers-AR(V)</p>	<p>9:30 Daily News and Chronicle-AR(I) 10 10:15 Chair Exercise- AR (P) 11:00 Craft: Paper Black-Eyed Susan-AR(E) 1:30 Prize Bingo – AR (SO) 3:00 Analogies-AR(I)</p> <p>Happy Birthday Don!!</p>	<p>9:30 Independent Daily News and Chronicle Packet-AR 11</p>
<p>9:30 Independent Daily News and Chronicle Packet-AR 12</p> 	<p>9:30 Daily News and Chronicle-AR(I) 13 10:15 Chair Exercise- AR (P) 11:15 Word Generation-AR(I) 1:15 Grub Club-AR(V) 2:00 Prize Bingo – AR (SO)</p>	<p>9:30 Daily News and Chronicle-AR(I) 14 10:00 Therapy Dog Grappa Visits-O(E) 11:00 Drumming Circle-AR(P) 1:30 Entertainment by Al Grout-O(SO) 3:00 Food for Thought: Just Peachy-AR(I)</p>	<p>9:30 Daily News and Chronicle-AR(I) 15 10:15 Fitness with Mark – AR (P) 11:15 Person, Vegetable, or Bird? -AR(I) 12:15 Resident Council-DR (V) 1:15 Scenic Drive – meet in 1FL (SO) Yom Kippur Begins</p>	<p>9:30 Daily News and Chronicle-AR(I) 16 10:15 Chair Exercise- AR (P) 11:15 Cooking Class: Not Your Mama's Banana Puddin'-AR(E) 2:30 Heritage Virtual Volunteers-AR(V)</p>	<p>9:30 Daily News and Chronicle-AR(I) 17 10:15 Chair Exercise- AR (P) 11:00 Play It by Ear-AR(SO) 2:00 Mister Softee Ice Cream Truck-O(SO) 3:00 The Benefits of Curiosity-AR(H)</p>	<p>9:30 Independent Daily News and Chronicle Packet-AR 18</p> 
<p>9:30 Independent Daily News and Chronicle Packet-AR 19</p>	<p>9:30 Daily News and Chronicle-AR(I) 20 10:15 Chair Exercise- AR (P) 11:15 Short Story: The Man in the Red Brick House-AR(I) 1:30 Prize Bingo – AR (SO) 3:00 Ty Cobb: A Peach of a Player-AR(I)</p> 	<p>9:30 Daily News and Chronicle-AR(I) 21 10:00 Therapy Dog Grappa Visits-O(E) 11:00 Drumming Circle-AR(P) 1:30 Music by Music in the Living-O(SO) 3:00 FFA Pet Visit-0 (EN)</p>	<p>9:30 Daily News and Chronicle-AR(I) 22 10:15 Fitness with Mark – AR (P) 11:15 YouTube &amp; You-AR(SO) 1:15 Scenic Drive – meet in 1FL (SO)</p> 	<p>9:30 Daily News and Chronicle-AR(I) 23 10:15 Chair Exercise- AR (P) 11:15 Cooking Class: The Best Pralines-AR(E) 12:00 Pig Roast-DR(SO) 1:30 Ray Charles, the Father of Soul-AR(SO) 2:30 Heritage Virtual Volunteers-AR(V)</p>	<p>9:30 Daily News and Chronicle-AR(I) 24 10:15 Chair Exercise- AR (P) 11:00 Cornhole-AR(SO) 1:30 Prize Bingo – AR (SO) 3:00 The Ageless American Alligator-ARE(EN)</p>	<p>9:30 Independent Daily News and Chronicle Packet-AR 25</p>
<p>9:30 Independent Daily News and Chronicle Packet-AR 26</p>	<p>9:30 Daily News and Chronicle-AR(I) 27 10:15 Chair Exercise- AR (P) 11:15 September Puzzles-AR(I) 1:30 Prize Bingo – AR (SO) 3:00 Junk Drawer Detective-AR(I)</p>	<p>9:30 Daily News and Chronicle-AR(I) 28 10:00 Therapy Dog Grappa Visits-O(E) 11:00 Drumming Circle-AR(P) 1:30 Music by Lost and Found-John Lloyd-O(SO) 3:00 Dot-to-dot-AR(I)</p> 	<p>9:30 Daily News and Chronicle-AR(I) 29 10:15 Fitness with Mark – AR (P) 11:15 Picture It-AR(I) 1:15 Scenic Drive – meet in 1FL (SO)</p>	<p>9:30 Daily News and Chronicle-AR(I) 30 10:15 Exercise- AR (P) 11:15 Whistle Stop Café Creamy Cucumber Salad-AR(E) 1:30 Whistle Stop Café Party-AR(SO) 2:30 Heritage Virtual Volunteers-AR(V)</p>	<p><b>Dimensions of Wellness:</b> SO-Social, P-Physical, I-Intellectual, E-Emotional, V-Vocational, SP-Spiritual, H-Health Services, EN-Environmental <b>Locations:</b> AR- Activity Room, DR-Dining Room, L-Lobby, 1FL-First Floor Lounge, O-Outside Please see channel 902 for additional meditation, exercise, music, educational and movie opportunities, and more!</p>	

Activities Subject to Change, Please See White Board Outside Activity Room for Daily Programming.

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