

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

# October 2021

Green Hills Manor  
at The Heritage

## ~The Meadows ~ Special Theme Activity Highlights~

Follow Daily Schedule (Located in Rooms and Common Spaces) 3	Follow Daily Schedule (Located in Rooms and Common Spaces) 4	10:00 Therapy Dog Grappa Visits-O(E) 1:30 Music Videos-Name That Disney Tune-AR(SO) 5	Follow Daily Schedule (Located in Rooms and Common Spaces) 6	Follow Daily Schedule (Located in Rooms and Common Spaces) 7	Follow Daily Schedule (Located in Rooms and Common Spaces) 8	Follow Daily Schedule (Located in Rooms and Common Spaces) 9
Follow Daily Schedule (Located in Rooms and Common Spaces) 10	Follow Daily Schedule (Located in Rooms and Common Spaces) 11 	10:00 Therapy Dog Grappa Visits-O(E) 1:30 Music Videos-Mitch Miller-AR(SO) 12	Follow Daily Schedule (Located in Rooms and Common Spaces) 13	Follow Daily Schedule (Located in Rooms and Common Spaces) 14	Follow Daily Schedule (Located in Rooms and Common Spaces) 15	Follow Daily Schedule (Located in Rooms and Common Spaces) 16
Follow Daily Schedule (Located in Rooms and Common Spaces) 17	Follow Daily Schedule (Located in Rooms and Common Spaces) 18	10:00 Therapy Dog Grappa Visits-O(E) 1:30 Karaoke Music Videos-AR(SO) 19	Follow Daily Schedule (Located in Rooms and Common Spaces) 20	1:30 Mambo Italian Pasta Party-AR(SO) 21	Follow Daily Schedule (Located in Rooms and Common Spaces) 22	Follow Daily Schedule (Located in Rooms and Common Spaces) 23
Follow Daily Schedule (Located in Rooms and Common Spaces) 24	Follow Daily Schedule (Located in Rooms and Common Spaces) 25	10:00 Therapy Dog Grappa Visits-O(E) 1:30 Sing along Music Videos-AR(SO) 26	Follow Daily Schedule (Located in Rooms and Common Spaces) 27	1:30 Harvest Party Punch and Pumpkin Judging-AR(SO) 28	Follow Daily Schedule (Located in Rooms and Common Spaces) 29	Follow Daily Schedule (Located in Rooms and Common Spaces) 30

**Dimensions of Wellness: SO-Social, P-Physical, I-Intellectual, E-Emotional, V-Vocational, SP- Spiritual, H-Health Services, EN-Environmental**

**Please see channel 902 for additional meditation, exercise, music, and movies!**