

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022

~The Meadows~

~Special Theme Activity Highlights~

Follow Daily Schedule
(Located in Rooms and Common Spaces)



Follow Daily Schedule
(Located in Rooms and Common Spaces)

Follow Daily Schedule
(Located in Rooms and Common Spaces)

10:00 Therapy Dog
Grappa Visits-AR(E)
1:30 Music Videos: Z to A Musical Trivia-AR(SO)

Follow Daily Schedule
(Located in Rooms and Common Spaces)

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10:00 Therapy Dog
Grappa Visits-AR(E)
1:30 Music Videos: Lawrence Welk: Those Were the Days-AR(SO)

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10:00 Therapy Dog
Grappa Visits-AR(E)
1:30 Music Videos: Singalongs-AR(SO)

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10:00 Therapy Dog
Grappa Visits-AR(E)
1:30 Music Videos: Singalongs-AR(SO)

Follow Daily Schedule
(Located in Rooms and Common Spaces)
Australia Day (observed)

Follow Daily Schedule
(Located in Rooms and Common Spaces)

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Dimensions of Wellness:
SO-Social, P-Physical, I-Intellectual, E-Emotional, V-Vocational, SP- Spiritual, H-Health Services, EN-Environmental
Please see channel 902 for additional meditation, exercise, music, and movies!