

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:30 Independent Daily News and Chronicle Packet-AR</p>	<p>9:30 Daily News and Chronicle-AR(I) 10:15 Chair Exercise- AR (P) 11:00 Cooking Class- Homemade Cranberry- Orange Relish-AR(E) 1:30 Prize Bingo – AR (SO) 3:00 Left/Right Holiday Story Game: The Night Circus-AR(SO)</p>	<p>10:00 Therapy Dog Grappa Visits-AR(E) 10:45 Daily News and Chronicle-AR(I) 11:15 Food for Thought – Taking a Spin with Cotton Candy 1:30 Music Videos: Circus Music-AR(SO)</p>	<p>9:30 Daily News and Chronicle-AR(I) 10:15 Fitness with Mark – AR (P) 11:00 Hearing Aid Service-AR(H) 1:15 Scenic Drive – meet in 1FL (SO) <b>Happy Birthday Wilma!!</b></p>	<p>9:30 Daily News and Chronicle-AR(I) 10:15 Chair Exercise- AR (P) 11:15 Dear Santa-AR(E) <b>Happy Birthday Mary!!</b></p>	<p>9:30 Daily News and Chronicle-AR(I) 10:15 Noodling Around-AR(P) 11:00 Paint by Numbers-AR(E) 1:30 Prize Bingo – AR (SO) 3:00Cranium Crunches-AR(I)</p>	<p>9:30 Independent Daily News and Chronicle Packet-AR</p>
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<p>9:30 Independent Daily News and Chronicle Packet-AR</p>	<p>9:30 Daily News and Chronicle-AR(I) 10:15 Chair Exercise- AR (P) 11:00 Missouri for the Holidays-AR(I) 1:30 Prize Bingo – AR (SO) 3:00 Heritage Holiday Singalong-AR(SO)</p>	<p>10:00 Therapy Dog Grappa Visits-AR(E) 10:45 Daily News and Chronicle-AR(I) 11:15 Winter Relay and Word Scramble-AR(P) 1:30 Music Videos: Singalongs</p>	<p>10:15 Fitness with Mark – AR (P) 11:00 Daily News and Chronicle-AR(I) 1:30 The Holidays Are a Circus Trivia-AR(I) 2:30 Christmas Movie-AR(SO) 6:00 Holiday Light Drive – meet in 1FL (SO)</p>	<p>9:30 Daily News and Chronicle-AR(I) 10:15 Chair Exercise- AR (P) 11:15 Jeopardy-AR(I) 1:30 Random Trivia-AR(I) 2:30 Heritage Virtual Volunteers-AR(V)</p>	<p>8:00 Breakfast with Santa-DR(SO) 9:30 Daily News and Chronicle-AR(I) 10:15 Noodling Around-AR(P) 11:00 Christmas Eve Worship Service-AR(SP) 1:30 Prize Bingo – AR (SO)</p>	
<p>9:30 Independent Daily News and Chronicle Packet-AR</p>	<p>9:30 Independent Daily News and Chronicle Packet-AR</p>	<p>10:00 Therapy Dog Grappa Visits-AR(E) 10:45 Daily News and Chronicle-AR(I) 11:15 Name That Instrument-AR(I) 1:30 Music Videos: Singalongs</p>	<p>9:30 Daily News and Chronicle-AR(I) 10:15 Fitness with Mark – AR (P) 11:00 YouTube Entertainment-AR(SO) 1:15 Scenic Drive – meet in 1FL (SO)</p>	<p>9:30 Daily News and Chronicle-AR(I) 10:15 Chair Exercise- AR (P) 11:15 New Year's Coloring Pages-AR(E) 1:30 New Year's Fill-in-AR(I) 2:30 Heritage Virtual Volunteers-AR(V) <b>Happy Birthday Bridget!!</b></p>	<p>9:30 Daily News and Chronicle-AR(I) 10:15 Noodling Around-AR(P) 11:00 What's New in 2022? -AR(I) 1:30 Prize Bingo – AR (SO)</p>	<p><b>Dimensions of Wellness: SO-Social, P-Physical, I-Intellectual, E-Emotional, V-Vocational, SP-Spiritual, H-Health Services, ENV-Environmental</b> Locations: AR- Activity Room, DR-Dining Room, L-Lobby, 1FL-First Floor Lounge, O-Outside</p>

Activities Subject to Change, Please See White Board Outside Activity Room for Daily Programming.

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