

The Heritage of Green Hills Offers Free “Insider’s Guide to Senior Living Communities”

The Guide offers seniors more than 60 questions to pose when evaluating a senior living community.

SHILLINGTON, Pa. – December 15, 2015 – The Heritage of Green Hills, a healthy living community outside of Reading, Pa., has published “The Insider’s Guide to Senior Living Communities,” a comprehensive checklist of community attributes that is helpful in evaluating retirement communities as a future home. The Guide is free and can be obtained by contacting Laura Zartman, marketing/move-in coordinator, at 484-269-5090.

“Senior living communities not only offer a lifestyle full of independence and choice, but they’re also a fresh way of thinking about retirement,” said Doug Walther, executive director of The Heritage. “But making the right choice of a future home can be daunting. Our checklist offers a number of suggested questions seniors should consider when evaluating these communities.”

The Guide lists more than 60 questions that those seeking a move to a senior living community might consider. The questions fall into a number of categories – from location and atmosphere to levels of care; from current residents to staff; from finances to security and safety.

Walther offered his “Top 10” list of the most helpful, yet frequently overlooked, questions.

1. How do staff members interact with residents? Do they know their names?
2. Do the common areas seem full of life?
3. Are the residents social and out and about in the community?
4. How full is the monthly calendar of events? Are there multiple options every day?
5. Can personal upgrades be made to the residences, such as painting, blinds, etc.?
6. Is there a resident association at the community that listens to feedback and implements new ideas?
7. What emergency response system is available inside the residences?
8. Does the community offer home health services, and do these services offer support groups or assistance in dealing with life changes?
9. Does the community offer a Return of Capital™ plan?
10. Does the community provide any moving assistance programs?

About Heritage of Green Hills

The Heritage of Green Hills is a healthy living community located on 78 rolling acres in Shillington, Berks County, Pennsylvania. The full-service, maintenance-free retirement community provides a wealth of healthcare and support services as well as a variety of amenities including housekeeping, maintenance and meals, enabling an active and enriched lifestyle. The Community Life Services program provides customized wellness plans, and an on-site Health Services Navigator that coordinates all health-related services to help residents stay well. Established in 2009, The Heritage of Green Hills is managed by Life Care Services, an LCS company. Life Care Services is the leading manager of full-service senior living communities serving 32,000 seniors in 28 states and the District of Columbia. For more information, please visit www.HeritageOfGreenHills.com.

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